



<u>COVID-19 Community Resources</u> <u>As of 7/17/2020</u>

Federal Resources:

- <u>CDC</u>
- <u>FEMA</u>

cdc.gov/COVID-19es fema.gov

FEMA COVID-19 Pandemic Operational Guidance for the 2020 Hurricane Season

In preparing for the 2020 hurricane season, this document provides actionable guidance to State, Local, Tribal & Territorial officials to prepare for response and recovery operations and encourages personal preparedness measures amidst the ongoing COVID-19 pandemic. While this document focuses on hurricane season preparedness, most planning considerations can also be applied to any disaster operation in the COVID-19 environment, including no-notice incidents, spring flooding and wildfire seasons, and typhoon response.

Information presented in this document regarding FEMA's operating posture should serve as a baseline for SLTT partners.

Visit our "<u>FEMA Announces Operational Guidance for the 2020 Hurricane Season</u>" News Release.

Read a blog post from Administrator Gaynor about preparing the nation for the 2020 hurricane season

Download the "COVID-19 Pandemic Operational Guidance for the 2020 Hurricane Season" on the <u>FEMA website</u>.

New Jersey State Resources

•	NJ COVID-19 Information:	COVID1	9.nj.gov	
•	NJ COVID-19 Jobs & Hiring Portal	https://jobs.covid19.nj.gov		
•	COVID-19 Text Alerts	Text: NJCOVID	898-211	
•	New Jersey Department of Health	has set up a COVID-19 2	24-Hour Public Hotline	
			800-222-1222	
•	NJ COVID-19 & Poison Control Cent	ter Public Hotline	800-962-1253	
•	<u>NJ 211</u>	Dial 211	; NJ211.org	
•	New Jersey Mental HealthCare's Dis	saster Line: 866-202	-HELP (4357)	
	for free, confidential support. NJ Ment	al Health Cares will be ans	wered from 8 a.m. to 8	
	p.m. seven days a week by live trained specialists.			
	NJ Human Services' Division of Menta	Human Services' Division of Mental Health and Addiction Services provide support to		
	the Mental Health Association of New	ion of New Jersey (MHANJ) to operate the line.		
٠	NJ Department of Health	nj.gov/health/cd/	topics/ncov.shtml	
٠	NJ Human Services	<u>nj.gov/humanser</u>	vices/coronavirus.html.	
٠	SNAP	800-687-9512		
		To apply online:	oneapp.dhs.state.nj.us	
•	SJLS (South Jersey Legal Services) https://www.lsnj.c	org/sjls/	
	Call Centralized Intake Unit at 800-496-4570 M-F, 8:30am to 4pm			



Monmouth County Resources

<u>Monmouth County Health Department</u> has opened a phone bank to respond to callers with questions or concerns about COVID-19. As you can imagine, many callers are experiencing increased anxiety, fear, and worry about COVID-19.

In collaboration with the Monmouth County Board of Chosen Freeholders and Monmouth Acts, the Mental Health Association of Monmouth County is connecting residents to a licensed counselor who can provide 6 telephone emotional support sessions The phone line is available from Monday – Friday, 9am – 4pm 732-845-2070

Mental Health Services:

•	Monmouth County Division of Behavioral Health		
	•	NJ HOPELINE: Suicide prevention hotline	855-654-6735
	٠	Cop 2 Cop: Helpline for law enforcement & their families	866-cop-2cop
	٠	Mom 2 Mom: Peer support for Moms	877-914-6662
	•	Vet to Vet: Helpline for veterans	866-838-7654
	٠	2 nd Floor Youth Helpline: Helpline for youth	888-222-2228
		CRISIS SERVICES: On site mental health crisis assessment and stabilization	
	٠	Psychiatric Emergency Screening Services (PESS)	732-923-6999
	•	Children's Mobile Response and Stabilization Services	877-652-7624

Mental Health Association Of Monmouth County

- CDC / Mental Health
- https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html
- <u>Crisis Counselors</u> are available via the Crisis Text Line: text SHARE to 741741. They offer support through texting for those that are experiencing fear, stress, anxiety, depression, panic, and isolation. They operate 24/7.

Additional Hotlines:

- SAMHSA's National Helpline: 1-800-662-HELP (4357)
- SAMHSA's Disaster Distress Helpline: 1-800-985-5990 or text TalkWithUs to 66746
- Partnership for Drug-Free Kids: Call 1-855-378-4373 or visit: <u>https://drugfree.org/</u>
- <u>National Suicide Prevention Lifeline</u>: Call 1-800-273-8255 or visit suicidepreventionlifeline.org
- Veterans Crisis Line: Call 1-800-273-8255 and press 1 or visit veteranscrisisline.net

Additional Family Resources:

- <u>PerformCare:</u> Full-service, behavioral health managed care organization for youth and families dealing with behavioral health, intellectual, developmental disability service's needs & substance use treatment. 24 Hours a Day / 7 Days a Week 877-652-7624
- SPAN: Parent Advocacy Network. 8 am 4pm
 800-654-7726
 link: <u>https://spanadvocacy.org/about</u>
- <u>AA meetings</u> are being held online and can be found through the following link: <u>http://aa-intergroup.org/directory.php</u>
- <u>CARC</u>
 - o 913 Sewall Av, Asbury Park
 - o <u>carcnj.org</u>
- Monmouth Arts resource link: <u>https://www.monmoutharts.org/resources</u>

732-774-3282

732-542-6422



Rental Assistance

- <u>AHA Rental Assistance (CAP)</u>
 <u>aha-capintake@housingall.org</u>
- <u>CARC</u>
 - o 913 Sewall Av, Asbury Park
 - o <u>carcnj.org</u>
- <u>United Way COVID-19 Community Economic Relief Fund</u>
 866-211-9966
 They will help with bills, rent & food. Provide zip code and they will give a list of local
 agencies providing assistance

<u>COVID-19 EMERGENCY RENTAL ASSISTANCE PROGRAM (CVERAP)</u>

CVERAP APPLICATION DEADLINE HAS BEEN EXTENDED THROUGH JULY 17, 2020

Welcome to the New Jersey Department of Community Affairs Statewide Open Enrollment Site for the COVID-19 EMERGENCY RENTAL ASSISTANCE PROGRAM (CVERAP)

Enrollment Period is Monday, July 6, 2020, at 9:00 am until Friday, July 17, 2020, at 5:00 pm

Completion of this pre-application does not guarantee placement in the COVID-19 ERAP.

The COVID-19 Emergency Rental Assistance Program (CVERAP) will provide temporary rental assistance to low- and moderate-income households that have had a substantial reduction in income or became unemployed due the COVID-19 pandemic. Applicants may be eligible for a maximum of up to 6 months of emergency rental assistance. The assistance will be capped at DCA's fair market rent standard or the total of the rent, whichever is lesser. All participants will be reviewed at the 3-month interval to see if they are still in need of assistance. Persons applying must meet all applicable CVERAP income and eligibility requirements. You must be eighteen (18) years of age or older to apply or be an emancipated minor. Only one (1) pre-application per household will be accepted. The Department of Community Affairs (DCA) will extend reasonable accommodations to disabled individuals, and persons who have limited English proficiency on a case-by-case basis and will take into consideration the disability and the need(s) of the individual(s) or those households without internet access.

Please call DCA's Applicant Service Unit at 609-292-4080, Option 1 or 8, to request an accommodation.

All participants will be selected through an online lottery process. You do not have to be diagnosed with COVID-19 to be eligible.

Anyone selected for the program must meet the following requirements: • Have a gross, annual household income that is at or below the maximum income limits for the county where they will be residing • Be a New Jersey resident and have a valid lease for a unit in New Jersey signed by landlord • Rent must be current as of March 2020; this program will not assist with arrears • Have a substantial reduction in income or be unemployed due to the COVID-19 pandemic • Lack of assets or savings to pay rent • Will pay a minimum of 30% of their income towards the rent

732-876-3610

732-774-3282



Applicants must have an email address to apply online at: https://www.waitlistcheck.com/NJ559-2809 beginning Monday, July 6, 2020, at 9:00 am until Friday, July 17, 2020, at 5:00 pm

For more information, dial 609-292-4080 or 551-249-2687. You can also visit our website at: https://www.nj.gov/dca/vouchers.html, which includes information on the Maximum Income Limits and Frequently Asked Questions (FAQs) for this Program.

During the Open Enrollment Period persons who would require a reasonable accommodation, including persons with limited English proficiency or do not have internet access, can call 609-292-4080, Option 1 or 8 for assistance. Completion of the COVID-19 Emergency Rental Assistance Pre-application does not guarantee placement in the Program.

Utility Assistance

AHA Utility Assistance

732-982-8710

- <u>NjPowerOn.org</u>
- o utilityinfo@housingall.org
- <u>United Way COVID-19 Community Economic Relief Fund</u>
 866-211-9966
 They will help with bills, rent & food. Provide zip code and they will give a list of local
 agencies providing assistance.

Rutgers UBHC

<u>**Rutgers UBHC**</u> offers telephonic peer support lines. They are a resource for individuals with struggling with substance use, are in recovery, or need support and may feel isolated at this time.

- <u>New Jersey Peer Recovery</u> 8AM-8PM on 3/26/20 the hours are being extended to 10PM for individuals with substance abuse problems or those in recovery needing support: 1-833-422-2765
- <u>Vets4 Warriors</u>- 24/7 National Program for veterans who have served in wars-1-855-838-8255
- <u>Vet 2 Vet</u>- any NJ veteran 24/7 1-866-838-7654
- Mom 2 Mom-mothers with special needs children 8AM-8PM -1-877-914-6662
- <u>Care 2 Caregiver</u>- with family members who are caring for family member with memory loss, Alzheimer's, dementia or a related disorder 8AM-8PM 1-800-424-2494
- <u>Cop 2 Cop</u>- 24/7 law enforcement officers 1-866-267-2267
- Worker 2 Worker for DCP and P workers 8AM-8PM-1-855-327-7482
- <u>Aid NJEA</u>- school staff members and their families Monday-Thursday 12PM-8PM; Fridays 12PM-6PM 1-866-243-6532



RWJBarnabas Health Institute for Prevention and Recovery

For You/Your Families/Your Students' Families:

<u>NIDA's Toolkit for Out of School Time</u> offers science-based activities and resources on drug use and addiction for educating teens during out of school time (OST). The OST setting—before and after school, in the summer, or any time teens attend a supervised program outside of the typical school time—offers a unique opportunity for STEM (science, technology, engineering, and math) learning.

<u>https://teens.drugabuse.gov/teachers/out-of-school-time-toolkit</u>

Lesson Plan and Activity Finder from NIDA - you name it, it is there

https://teens.drugabuse.gov/teachers/lessonplans

Managing Stress and Anxiety during COVID-19

- <u>https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html</u>
- https://emergency.cdc.gov/coping/index.asp

Wellness Apps/Courses

- Headspace https://www.headspace.com/headspace-meditation-app
- Calm <u>https://www.calm.com/</u>
- Yale University's The Science of Well-Being: <u>https://www.coursera.org/learn/the-science-of-well-being</u>?
- **Shape America** (check out the Mind and Body Calendars, At-Home Fitness Ideas)
- https://www.shapeamerica.org/covid19-resources.aspx

Home workout Streaming Services

- YMCA (free): <u>https://ymcanyc.org/ymca-home</u>
- Paid Services w/free trials: <u>https://www.cnbc.com/2020/03/16/best-home-workout-</u> streaming-services-to-try-during-covid-19-pandemic.html

National Center for Families Learning

- https://www.familieslearning.org/resources/out-of-school-time
- <u>https://www.familieslearning.org/resources</u>

Teaching From Home

- <u>https://www.today.com/parents/how-homeschool-during-coronavirus-crisis-t176020</u>
- <u>https://www.actionforhealthykids.org/resources-for-schools-and-families-during-covid-19-coronavirus/</u>

Family Dinner Conversation Starters

- https://redtri.com/20-questions-to-ask-at-the-dinner-table/
- https://redtri.com/26-great-conversation-starters-for-honest-family-discussions/
- <u>https://www.urbanmommies.com/36-family-dinner-questions/</u>

Zoom Tutorial to host or join meeting

- https://www.youtube.com/watch?v=JIRfIUH8ENw
- For Your YPC and Students:

<u>Incorruptible.us</u>

- <u>https://incorruptible.us/</u>
- https://www.tobaccofreenj.com/

<u>Drug Facts Challenge</u> an interactive game using scientific facts about the brain and addiction, marijuana, vaping, and more

https://teens.drugabuse.gov/teens/games/drug-facts-challenge

<u>National Drug & Alcohol IQ Challenge</u> a short quiz available in English and Spanish which tests students' knowledge about drugs and alcohol

<u>https://teens.drugabuse.gov/quiz/national-drug-alcohol-facts-week/take-iq-challenge/2019?utm_source=ndafweblast&utm_medium=email&utm_content=nf&utm_term=NPnp&utm_campaign=ndafw-NDAFW2020</u>



<u>SmokeSCREEN</u> addresses the range of challenges that young teens face, with a dedicated focus on youth decision-making about smoking and vaping (conventional cigarettes, electronic cigarettes, flavored tobacco products), and includes strategies for both smoking prevention and cessation. The play2PREVENT Lab at the Yale Center for Health & Learning Games received funding from the NIH and the FDA and generous support from the CVS Health Foundation to develop the program.

- <u>https://www.smokescreengame.org/</u>
- Request Access (free): <u>https://yale-</u> medicine.secure.force.com/learninggames?origin=smokescreengame

National Institute on Drug Abuse Kahoots covering a wide range of topics (substance use, vapes, stimulants, marijuana, prescription drugs)

<u>https://create.kahoot.it/pages/test/dea33ab0-584e-4ed0-9464-5a1ec01b22aa? =1584372908</u>

<u>MindMatters Series</u> developed by NIDA covers a wide variety of topic areas via different booklets, with each devoted to a specific drug or drug group. A teacher's guide is also included. The program is also available in Spanish.

• <u>https://teens.drugabuse.gov/teachers/mind-matters</u>

<u>Choose Your Path Videos</u> developed by NIDA which allow the viewer to determine the path of the teenager in the depicted situation based on their selected choices

<u>https://teens.drugabuse.gov/videos/choose-your-path</u>

Physical and Mental Health:

- YMCA At Home (free videos) <u>https://ymcanyc.org/ymca-home</u>
- Headspace https://www.headspace.com/headspace-meditation-app
- Calm <u>https://www.calm.com/</u>

Pharmaceutical Resources

Aberdeen/Matawan

- Matawan Pharmacy (732) 705-3722
- Free Delivery

Allenhurst

- Quick Med Pharmacy (732) 897-1500
- Free Delivery

Asbury Park

- Home Drug Store Inc. (732) 774-3400
- Free Delivery

Atlantic Highlands

- Bayshore Highlands Pharmacy (732) 291-2900
- Free Delivery

Belmar

- Belmar Pharmacy (732) 280-1600
- Free Delivery

Colts Neck

- Colts Neck Pharmacy (732) 780-5480
- Free Delivery



Eatontown

- Allentown Pharmacy (732) 542-7773
- Free Delivery

Fair Haven

- Rumson Pharmacy (732) 842-1234
- Free Delivery

Farmingdale

- Provision Pharmacy (732) 333-0226
- Free Delivery

Freehold

- Poet's Corner Pharmacy (732) 409-1100
- Free Delivery

Hazlet

- Medicine Shop of Hazlet (732) 888-7900
- Free Delivery

Highlands

- Bayshore Pharmacy (732) 291-2900
- Free Delivery

Holmdel

- Bayshore Homecare Pharmacy (732) 888-0303
- Free Delivery

Howell

- Future Pharmacy (732) 431-8170
- Free Delivery

Keansburg

- Drug Smart Pharmacy (732) 769-5550
- Free Delivery

Keyport

- Savon Drugs (732) 263-0904
- Free Delivery

Little Silver

- Little Silver Family Pharmacy (732) 741-1121
- Free Delivery

Long Branch

- West End Family Pharmacy (732) 229-2400
- Free Delivery

Manalapan

- Future Pharmacy (732) 851-7100
- Free Delivery



Manasquan

- Campbell's Pharmacy (732) 974-2929
- Free Delivery

Marlboro

- Marlboro Village Pharmacy (732) 617-6060
- Free Delivery

Matawan

- Matawan Pharmacy (732) 705-3722
- Free Delivery

Middletown

- Sun Ray Drugs (732)671-0350
- Free Delivery

Monmouth Beach

- Diamonds Pharmacy (732) 222-1299
- Free Delivery

Neptune

- Garden Pharmacy (732) 922-4142
- Free Delivery

Red Bank

- Parker Family Health Center (732) 212-0777
- Emergency prescription financial assistance available to existing patients

Rumson

- Rumson Pharmacy (732) 842-1234
- Free Delivery

Shrewsbury

- Shrewsbury Avenue Pharmacy (732) 530-2880
- Free Delivery

Tinton Falls

- Village Drugs (732) 542-7455
- Free Delivery

Union Beach

- Savon Drugs (732) 264-0904
- Free Delivery

Wall

- Colfax Pharmacy (732) 280-3535
- Free Delivery

West Long Branch

- Steven Drugs Pharmacy (732) 222-4411
- Free Delivery



Monmouth County Pantries:

<u>Aberdeen</u>

Matawan United Methodist Pantry | 478 Atlantic Av, Aberdeen | (732) 566-2996

- 2nd and 4th Tuesday 6:30pm-7:30pm
- Thursday 10am-11:30am

St. Joseph Church Pantry | 42 Wooley St, Aberdeen | (732) 290-1878

- 1st Thursday 9am-1pm
- No Delivery Service

<u>Allentown</u>

Allentown Food Pantry | 20 High Street, Allentown (609) 259-7289

- Mondays 10am-2pm
- Wednesday 10am-12pm
- No Delivery Service

Asbury Park

Bethel Food Pantry | 119 Atkins Av, Asbury Park | (732) 918-2600 (Fulfill)

• Wednesday and Friday 10am-11:30 am

CARC | 913 Sewall Av, Asbury Park | (732) 774-3282

- June 5, 2020 Food Distribution
 - 11am 1pm
 - Please wear a mask
- Fulfill Crisis Boxes available for distribution to homes in Asbury Park & Neptune area
- Call to sign-up

Faith Food Pantry | 1209 Bangs Av, Asbury Park | (732) 988-1816

• 2nd and 4th Saturday 9-11am

First United Methodist A.P. Pantry | 906 Grand Av, Asbury Park | (732) 775-2693

Closed

Jewish Family Services | 705 Summerfield Av, Asbury Park | (732) 774-6886

- Outdoor Food Pantry on the corner of Summerfield Avenue & Main
- Beginning Friday, June 5, 2020
- Every Friday 11am-1pm

Lutheran Church of Atonement Pantry | 308 First Av, Asbury Park | (732) 776-5727

- 2nd and 4th Wednesday 10:30am-12:30pm
- No delivery service

Salvation Army Pantry | 605 Asbury Av, Asbury Park | (732) 775-8698

- Call for apt
- No delivery service



Second Baptist Church Pantry | 124 Atkins Av, Asbury Park | (732) 774-5347

• 2nd and last Saturdays 12pm-1:30pm

St Augustine's Soup Kitchen | 155 Prospect Av | Asbury Park | (732) 774-3069 Ms. Lucas

- Bagged lunch distributed in parking lot
- Sundays 12pm-1pm

St Peter Claver Pantry | 1419 Springwood Av, Asbury Park | (732) 775-4157

• Thursday 10am-1pm

Trinity Last Resort Pantry | 503 Asbury Av, Asbury Park | (732) 775-5084

- Tuesday 11am-1pm
- Saturdays hot meals served @ 11:30am-1pm

Victory Tabernacle of Prayer Pantry | 1325 Asbury Av, Asbury Park | (732) 455-5836

• 2nd and 4th Wednesdays 10am-1pm

Atlantic Highlands / Highlands

Our Lady of Perpetual Help Church | 141 Navesink Avenue (Rte. 36), Highlands| (732) 291-0272

- Shop a complete list of grocery items for curbside pick-up.
- This is a unique Food Pantry where clients can "choose" their groceries.
- Summer Hours:
 - Sundays: 10:30 am to 11:30 am
 - Mondays: 5:30 pm to 6:30 pm

Navesink United Methodist Church | 96 3rd Av, Atlantic Highlands | (732)291—0485 Emergency food bags available for residents of Highlands or Atlantic Highlands

- Wednesday 4:30-6pm @ church parking lot on 3rd Av
- Thursday 4:30-6pm @ lot in front of skate park between Snug Harbor Av and Central Av
- AACC Food Pantry open Monday and Thursday 9-11:15am with strict social distancing
- Please call and check their Facebook page for further information at this time.
- Handing out pre-bagged items only

Belmar/ Bradley Beach

Belmar Food Pantry | 1000 17th Av, Belmar | (732) 681-4413

• Tuesday, Wednesday and Thursday 10am-12pm

Bradley Food Pantry | 605 4th Av, Bradley Beach | (732) 775-0161

- Monday- Friday 10am-12pm
- Thursdays 6pm-7pm
- Handing out pre-bagged items only
- No Delivery Service



Cliffwood Beach

Providence Baptist Pantry | 15 Lincoln Av, Cliffwood | (732) 566-4430

- 3rd Saturday 8am-12pm
- No Delivery Service

Cream Ridge

Emley's Hill Good Samaritan Pantry | 69 Emley's Hill Rd, Cream Ridge | (609) 259-2166

• Call first until further notice

<u>Eatontown</u>

Eatontown Food Coop | 15 Meridian Dr. Eatontown | (732) 547-8359

- Open every other Wednesday 12pm-3pm
- No delivery service

St. Dorothea's Pantry | 240 Broad St, Route 71 Eatontown | (732) 542- 0148

- Mass Canceled, ALL classes canceled
- Food pantry giving out pre-packaged foods as a drive-up service in Church parking I
- Open 2nd & 4th Wednesday of the month, Hours: 5pm-7pm
- 2nd Saturday of the month, Hours: 9am-11am
- Delivery may be made available for vulnerable and disabled residents

Farmingdale / Howell

Howell Senior Center will deliver food to seniors from food pantry Please call for more information (732) 938-4500

The Mews Pantry | The Mews 2 Liron Lane, /Farmingdale (732) 919-6227

• 1st and 3rd Wednesday 2:30pm-4:30pm

Christ Church Pantry | 71 Oak Glen Rd, Howell | (732) 938-7500

- 2nd Saturday 8:30am-12:30pm
- No Delivery Service

Howell Food Pantry | 449 Adelphia Rd, Howell | (732) 938-2368

- Next scheduled date June 22 3:30pm-7:30pm
- Please call first! Pick- ups are for registered clients only

Freehold

St Rose of Lima Parish | 16 McLean St, Freehold | (732) 462-0859 or (908) 839-8508

- <u>www.stroseoflime.com</u>
- Non emergency hotline for information assistance and referrals.
- Comfort calls or food assistance
- Spanish and English



Neighbor Connections to Health/Fulfill

- Freehold Family Health Center | 597 Park Av, Freehold
 - Week to week operation
 - Pop-up Produce Distribution June 6, 2020
 - 11am
 - Location: First Baptist Church Parking Lot, (Acelero Learning) 81 W Main St *FREE Food items will include fresh items and produce *Please bring a bag!
 - *Items are pre-packaged and ONE bag per family is permitted
 - *Items are available on a first come, first served basis
 - All distribution locations listed on website with days and times
 - Check "Where to get help flyer" at: www.freeholdboroughnj.org under food updates
 - English contact Carly Trill (908) 692-7338 or email Carly.trill@vnahg.org
 - Spanish contact Karen Ubeda (732) 547-7274

Freehold Food Pantries – Due to recent changes in scheduling and distribution, please check Freehold Borough website for updates on the following at this time:

- New Hope Pantry | 28 First St, Freehold | (732) 780-9210
- o Open Door Pantry | 39 Throckmorton St, Freehold | (732) 780-1089
- Casa Freehold Pantry | 4 Jackson Street, Freehold | (732)547-727
- YMCA | 41 Center Street, Freehold | (732) 845-5273

NCTH Mobile Pantry:

- 2nd Wednesday of each month at 597 Park Ave, Freehold 2pm-3pm
- 4th Friday of each month at 16 Mc Lean Street, Freehold 1:30pm-2:30pm

<u>Hazlet</u>

St. John's UMC Pantry | 2000 Florence Avenue, Hazlet | (732) 264-1236 Facebook page is facebook.com/StJohnsUMCFoodPantry

• Thursdays 5:30pm - 7pm

<u>Holmdel</u>

St Benedict |165 Bethany Road, Holmdel | (732) 264-5578

- St Vincent de Paul Society, extension 34
- Call ahead for information
- ٠

<u>Keansburg</u>

Project Paul | 211 Carr Avenue, Keansburg | (732) 787-4887

- Wednesday & Friday 9:45am -12:45am
- No Delivery Service



St. Marks | 247 Carr Avenue, Keansburg | (732) 787- 3520

- Serving lunch outside daily 12pm -1pm (takeout only)
- Serving dinner outside Wednesday and Friday 5-6pm (takeout only)
- Pantry open Tuesday and Saturday 9am- 11am
- Pantry open Wednesday 5-7pm
- No Delivery Service

<u>Keyport</u>

Keyport Ministerial Food Pantry | 42 Elizabeth St, Keyport | (732) 888-1986

• Tuesday and Thursday 9:30am-11:30am

Keyport Delivery Resource | PO Ken Tiejen Memorial Foundation | (732) 795-0800

- Grocery delivery, Prescriptions, volunteers
- Assistance offered with grocery delivery and prescriptions for elderly seniors and homebound residents.

Little Silver

- Volunteer resource | PO Ken Tiejen Memorial Foundation | (732) 795-0800
- Shopping and delivering meals for seniors and those who are homebound. Foundation has partnered with local police to provide service. Call for details

Long Branch

Christ the King Pantry | 408 Prospect St, Long Branch | (732) 222-3216 x116

• Wednesdays 11:30am-1pm

First Baptist Pantry | 499 Bath Av, Long Branch | (732) 229-1453

- 2nd Thursday 12pm-4pm
- 4th Thursday 12pm-4pm
- No Delivery Service

St. Brigid's Pantry | 300 Broadway, Long Branch | (732) 222-1411

- Mondays and Wednesdays 11am-1:30pm
- Soup Kitchen Wednesdays 11am-1:30pm
- Please call to check times

St. Luke's United Methodist Pantry | 535 Broadway, Long Branch (732) 222-1341

- Every Friday 3pm-5pm
- Soup kitchen Tuesdays 4pm-5pm (takeout only)
- No Delivery Service

St Michael's Food Pantry | 800 Ocean Av, Long Branch | (732) 483-0360

• 3rd Saturday 2pm-5pm



Manalapan / Marlboro / Morganville

Samaritan Center Food Pantry | 211 Route 522, | Manalapan | (732) 446-1142

- Closed
- If in need of food please call (732) 239-5986

Community Refuge Church | 4 Sobechko Rd | Manalapan | (732) 446-2230

- Host Pop-up Pantries periodically
- We will update when information is available

Monmouth Worship Ctr. Pantry | 37 Vanderburg Rd | Marlboro | (732) 332-9600

- Sundays 1pm-3pm
- And by appointment
- No Delivery Service

Hindu American Temple & Cultural Center | 31 Wooleytown Road, Marlboro | (732) 972-5552

- Call between 8:30-11:30am or 4:30-8pm to register
- Daily 5:30pm-7:30pm
- Packaged food available for drive-thru pick-up
- **NOTE:** Enter the 31 Wooleytown Rd. gate for pick-up & exit the same way

<u>Manasquan</u>

Hope Pantry Community Church | 23 Taylor Av, Manasquan | (732) 223-4115

• Sundays 1-2pm and by appointment

Manasquan Food Pantry | 16 Virginia Av, Manasquan | (732) 223-0898

- Monday and Tuesday 10am-1pm
- Thursday and Friday 1pm-4pm
- 3rd Thursday open until 6pm
- No delivery Service

<u>Matawan</u>

Matawan United Methodist Pantry | 478 Atlantic Av, Matawan | (732) 566-2996

- Thursday 10am-11:30am
- 2nd and 4th Tuesday 6:30pm-7:30pm

Matawan Food Pantry | 201 Broad St, Matawan | (732) 566-2663

• Last Saturday of the month 8am-12pm

<u>Middletown</u>

Calico Cat Pantry | 96 Kings Highway, Middletown | (732) 671-8775

- Wednesday 9am-12pm
- Pre-packaged bags for pick up outside only

Township of Middletown | Middletown Helps its Own | (732) 787-3604 www.mhio65@gmail.com



<u>Neptune</u>

FPC Food Outreach | 142 Oxonia Av, Neptune | (732) 775-8174

- 1st and 3rd Monday 5pm-7pm
- Wednesday 12pm-2pm
- Saturday 12pm-2pm

Greater Emanuel Food Pantry | 423 Drummond Av, Neptune | (732) 774-1963

- 2nd Tuesday 11am-3pm and 3pm-5pm
- 2nd Sunday 1pm-3pm

Mt. Olivet | 1707 Washington Av, Neptune | (732) 775-4333

- 1st Wednesday
- Please call to register first
- No delivery service

Jersey Shore Dream Center | 1710 Columbus Av, Neptune | (877) 391-5732

• Tuesdays and Wednesdays 11am-1pm

Ocean Grove

St. Paul's Ocean Grove | 81 Webb Av, Ocean Grove | (732) 775-1125

• Thursday 3pm-5pm

Red Bank

BPC Food Pantry | 247 Broad Street, Red Bank | (732)747-0446

- Monday 5:30pm-7:30pm
- Pre-packaged only
- Curbside pick-up only
- Only 1 family member per pick-up
- All are welcome / No proof of residency required
- No Delivery Service available

JBJ Soul Kitchen | 207 Monmouth Street, Red Bank | No calls please For information refer to the website: jbjsoulkitchen.org

- Open for Take-out for their in-need community only
- Meals ordered & distributed in the outdoor space only (limited menu)
- Mon/Tues Closed
- Wednesday Saturday 4:00pm-6:00pm
- Sunday 10:30am-11:30am
- No Delivery Service available

Lunch Break | 121 Dr. James Parker Blvd, Red Bank | (732)747-8577

- Non-perishable and monetary donations only
- Claire's Closet is suspended until further notice
- Food Pantry (bagged groceries distributed at back door only of the Client Choice Pantry)
- Mon/Tues/Thurs/Fri 10am-3pm
- Wednesday 10am-6pm
- Saturday 9am-12pm
- No Delivery Service available



Lunch Break Soup Kitchen

- Meals distributed "to go" at the blue doors of the dining room
- Continental Breakfast, Monday Friday 8:30-10am
- Hot Lunch, Monday Friday 11am-1pm
- Community Dinner, Fridays 6pm-8pm
- Saturday Breakfast, 10am-12pm

Parker Family Health Center | 211 Shrewsbury Ave, Red Bank | (732)212-0777

- "Mobile Pantry hosted by PFHC & Fulfill
- Every 1st Thursday of the Month
- Hours: 1pm-2pm
- Please bring your own bags
- Everything is offered for free
- No ID required

Pilgrim Baptist Church | 172 Shrewsbury Ave, Red Bank | (732)747-2343

- Host Pop-up Pantries periodically
- We will update when information is available

Red Bank Family YMCA | 166 Maple St, Red Bank | (732) 741-2504

- Fresh produce kits available
- No application or ID needed
- Tuesdays only, Beginning on 5/26/20 until 6/30/20 12pm-5pm
- While supplies of 126 last
- Distribution will be at the exterior door of gym, off of YMCA parking lot
- Only 1 per family
- No Delivery Service available

Salvation Army | 180 Newman Springs Rd, Red Bank | (732) 747-1626

• Food Pantry by appointment only

St. Anthony's Pantry | 121 Bridge Av, Red Bank | (732) 747-0813

• Mon-Tues 6pm-7pm

Tinton Falls

Glad Tidings Pantry | 4012 Asbury Av, Tinton Falls | (732) 922-9189 Ehesek Hill

- 2nd Tuesdays 5-7pm
- 4th Mon 5-7pm

Collingwood SDA Pantry | 276 Shark River Road, Tinton Falls | (732) 922-1675

• 4th Monday 2pm-6pm

Union Beach

Faith Chapel | 1015 Union Av, Union Beach | (732) 264-5248 Ruth Allen

• 3rd Saturday 9am-1pm



Friends of Bayshore | (732) 320-2441 John Merla

- Delivery and food services
- Deliver meals, medicine, groceries and may pay for medication

Borough of Union Beach Boys and Girls Club Monmouth County | (732) 222-5400

- Grab and Go meals 5pm daily
- First come first serve

RAINE Foundation | Reaching All In Need Every Day | (732) 865-3555

- Contact <u>www.rainefoundation.com</u>
- **RAINE** is a foundation created to assist children in crisis providing assistance with food, clothing, emergency housing and other necessities (732) 865-3555
- Serving the Bay Shore area including Keyport, Keansburg, Union Beach, Hazlet, Holmdel, Matawan and Middletown.

Wall

Abundant Grace Pantry | 4041 Squankum-Allenwood Rd, Wall | (732) 835-2726

- Wednesdays 3:30pm-5:30pm
- No Saturdays

West Long Branch

Ezekiel's Wheels | (732) 618-2440 | Rev. Sue

• Care packages, grocery shopping for homebound

Reformation Food Pantry | 992 Broadway, West Long Branch | (732) 229-9180

- Tuesday
 - Hours: 7pm-8:30pm
- Saturday
 - Hours: 8:30am-10am
- No Delivery Service

BLESSING BAG BRIGADE NJ | 125 Red Hill Road, Holmdel NJ

A non-profit organization dedicated to showing compassion and humanitarianism toward the homeless and those in need.

- They collect and distribute men's socks, snack foods, including breakfast bars, water bottles, shampoo, body soap, toothbrushes, travel sized toothpaste, lotion, deodorant, razors and more.
- They have more than 20 drop off locations in Monmouth County.
- Currently serving GRAB N GO lunches at St. Peters in Freehold Wednesday and Thursdays from 12pm-1pm.
- Please sign up at: https://www.sighupgenius.com/go/60b084fa9a92da4f49-stpeters

Blessing Bag Brigade will work with volunteers to deliver food to the elderly by request only, at: <u>www.blessingbagbrigadenj.org</u>

For more information follow them on FACEBOOK | Founder is Kevin P. Garrison



Free School Breakfast | Lunch Information Monmouth County

Summer Meal Sites | Find a site near you Text FOOD to 877-878 or SUMMER MEALS to 97779 or visit USDA site finder website <u>www.fns.usda.gov/summerfoodrocks</u>

Aberdeen-Matawan Regional School District (732) 705-5320

Fixed distribution sites and bus route will be operating Monday/Wednesday/Fridays at 8:30-11am only. Meals will be distributed at

Distribution Site Locations:

- F1 Matawan Regional High School 450 Atlantic Av. (Aberdeen) Door 12 (Student parking lot)
- F2 Matawan Aberdeen Middle School 469 Matawan Av. (Aberdeen) Door 13 (near Giusti Field)
- Monday pick up includes 2 meals
- Wednesday pick up includes 2 meals
- Friday pick up includes 3 meals

Mobile Site Locations:

- Hawthorne St and Cliffwood Av (Aberdeen)
- Gerard Avenue and Lloyd Rd (Aberdeen)
- Gravely Brook Park (Matawan)
- County Road and Kennedy Avenue (Aberdeen)

Asbury Park

Meals can be picked up for children under the age of 18 between the hours of 10am and 1pm. Distribution Locations:

- Dr. Martin Luther King Middle School at 1200 Bangs Avenue, Asbury Park
- Thurgood Marshall Elementary School at 600 Monroe Av. Asbury Park.

July 6th through summer:

Asbury Park will be offering their "Summer Feeding Program" which includes breakfast and lunch for all children in Asbury Park, 18 y/o and younger.

Martin Luther King Upper Elementary School

- 1200 Bangs Avenue, Asbury Park
- Monday through Friday
- 10 am 1 pm
- Breakfast and lunch grant and go bags
- Fulfil crisis boxes are also give out at this location

Thurgood Marshall Elementary School

- 600 Monroe Ave, Asbury Park
- Monday through Friday
- 10 am 1 pm
- Breakfast and lunch grant and go bags
- Fulfil crisis boxes are also give out at this location



Belmar/Lake Como

- Contact Belmar Elementary School (732) 681-2388
- Summer meals are delivered to those who applied and qualified for free and reduced meals.
- 5 days of meals provided for breakfast and lunch
- Deliveries are made on Monday/Wednesday/Friday

Brielle and Manasquan

- Free meals served to children and teens under 18 yrs. old.
- To find a site near you call (609) 292-4498

Eatontown

- Grab and Go style breakfast and lunch meals are available beginning June 23rd August 31st
- Each Monday students will be provided with 5 breakfasts and 5 lunches for the week.
- Pick up Meals at Memorial Middle School between 9am-11am.
- Contact Valerie Chernish (732) 935-3324 ext. 1031

Freehold

- Beginning June 22nd- August 28th summer meals available at
- Park Elementary School | 280 Park Av, Freehold
- Behind school at door 18
- Pick up Monday/Wednesday/Friday 9am-12pm

Highlands

- **Highlands Elementary** | 360 Navesink Av, Highlands
- June 22 August 31
- 10 am 12 pm
- Each Monday students will be provided with 5 breakfast and 5 lunches for the week.

Howell

No Feeding Program at this time

Keansburg

• Grab and Go meals will continue through summer

Joseph C. Caruso School | 81 Frances Place, Keansburg

- June 29 July 31
- Monday Wednesday- Friday
- Main office number is (732) 787-2007 x6000
- Pick up at The Caruso School on Myrtle Av 10am-12pm

Keansburg High School | 140 Port Monmouth Rd, Keansburg Bolger Middle School | 100 Palmer Place, Keansburg



Long Branch

- Summer meal sites:
- Amerigo A. Anastasia School | 92 7th Av, Long Branch (732) 571-2868
- June 20th August 31st
- Breakfast at 8:30am and Lunch at 12pm

Bucky James Community Center | 231 Wilbur Ray Av, Long Branch (732) 571-2868

- June 24th August 30th
- Breakfast 9:00am
- Lunch 12:30pm

Middletown

* Monday June 15th is last day of distribution of free and reduced meal program at this time.

The Middletown Township Public School District will provide access to breakfast and lunch for students who currently receive free or reduced price meals through the NJ School Nutrition Program. Grab and Go breakfast and lunch will be available Mondays and Wednesdays at

• High School North and High School South between 7:30 and 9am on virtual learning days. Set up will be in the parking lots of these schools.

If Transportation to pick up location is no feasible, please email Whitson's Food Service Director, Jessica Ritz, at <u>ritz@middletownk12.org</u> to arrange for staff to deliver meal to your front door. Meals will be delivered on Mondays and Wednesdays between 8am and 10am.

Neptune /Tinton Falls

Midtown Community Elementary School

- 1155 Corlies Ave, Neptune
- July 1 August 31
- Monday- Wednesday Friday
- 10:30 am 12:30 pm
- Double meals will be distributed each day

Summerfield Elementary School

- 1 Summerfield Place, Neptune
- July 1- August 31
- Monday- Wednesday Friday
- 10:30 am 12:30 pm
- Double meals will be distributed each day

Red Bank

Summer meals available at **Red Bank Middle School** | 101 Harding Rd, Red Bank

- Monday and Thursdays throughout the summer
- 8.30 am 11 am
- Monday: Grab & Go bag includes: breakfast and lunches for Mon, Tue and Wed
- Thursday Grab & Go bag includes: breakfast and lunches for Thursday and Friday

Red Bank Charter School | 58 Oakland Street, Red Bank

- Pick up Monday and Thursday from 10:30-12:30
- Monday pick up includes breakfast and lunch for Mon/Tues/Wed
- Thursday pick up includes breakfast and lunch for Thu/Fri



Food Delivery/Pick-up Resources & Services in the Monmouth County Area:

Meals on Wheels | (732) 775-0525 | www.interfaithneighbors.org

- Meals on wheels is providing a Noonday meal.
- In response to the COVID 19 health crisis, many enhanced personal facility and vehicle safety protocols have been added to ensure safety of all volunteers, staff and seniors.
- Please understand that the delivery system is under stress at the moment.
- Contact Meals on Wheels to join their program.

Umbrella | (844) 402-2480 | https://www.askumbrella.com/services

- Contact-free grocery & medication delivery available nationwide
- Individuals can provide shopping list or ask for a pick-up for an order already placed
- They will charge your credit card the cost of the essentials (if they shop for you) plus a \$10 suggested contribution to support their COVID response efforts after the delivery is completed
- To request a delivery or to find out if service is available in your area:
 - Call: (844) 402-2480
 - Sign-up online : <u>https://www.askumbrella.com/request-delivery</u>

Instacart.com | <u>www.instacart.com</u>

- Instacart now has "Leave at My Door Delivery" available to all customers.
- With Instacart, you can shop at the following:
 - o Acme,
 - o Aldi
 - ∘ BJ's
 - CostcoCVS
 - CVSFoodtown
 - Petco
 - Sam's Club,
 - Shoprite
 - o Target
 - Wegmans
 - o Deans Market

Peapod.com | www.peapod.com

• Operated by Stop 'n Shop

Uber Eats Delivery	www.ubereats.com	
Grub Hub Delivery	www.grubhub.com	
Door Dash Food Delivery	www.doordash.com	
Bring Me That Food Delivery	www.bringmethat.com	
Steaks and Seafood delivered to your door	www.madeyouhungry.com	
Healthy Meals delivered ready to eat	www.mamasezz.com	
Healthy Meal Kits ready to cook:	www.hellofresh.com & www.homechef.com	



Food Delivery/Pick-up Businesses in the Monmouth County Area:

MV Silveri and Sons Inc. |1095 Towbin Ave, Lakewood | (732) 818-0107

Wholesale Produce Distributor providing Home Bulk Delivery services to families. <u>To set up an account - Please email them your full name, delivery address, and phone number.</u> <u>They'll create an account number for you.</u>

Their online store is open you can shop away, checkout, and pay by credit card. After your order is placed allow 2-4 Business Days for delivery of your products. Click on "Direct to Consumer" <u>https://www.mvsilveri.com/</u>

You can also follow them on Facebook for news & updates. https://www.facebook.com/mvsilveri/

- Office Hours 8am-4pm
- Tel. 732-818-0107 / Fax 732-818-0109 / Email mikejr@mvsilveri.com
- \$125 minimum for delivery call or email by 10pm for next day delivery
- \$50 minimum for pick-up @ their warehouse (you'll see a sign for pick-up at rear of building) – please call ahead for pick-up 732-818-0107

A&J Produce Co. |506 Atkins Ave, Neptune | (732) 774-7755

Local and family owned produce distributor open to the public

- ajproduceco@yahoo.com
- https://ajproduceco.wixsite.com/home
- Monday Friday 6am-4pm
- Saturday 6am-1pm
- Pick-up available
- Delivery available

Cutler Produce Wholesale and Delivery | 749 Hope Rd, Eatontown | (732) 380-0620

- <u>www.cuttlerproduce.com</u>
- Order online
- Delivery available

JBJ Soul Kitchen | 207 Monmouth Street, Red Bank | No calls please For information refer to the website: jbjsoulkitchen.org

• You can now enjoy JBJ Soul Kitchen meals at home and continue to support their

mission of helping feed families in the community.

- They now offer delicious and healthy three-course meals TO GO via GloriaFood's online ordering system.
- The Link is: <u>https://jbjsoulkitchen.org/to-go-meals/</u>
- Choose your favorites and pick them up curbside at either location:
 - o Red Bank
 - o Toms River



- Each \$20 entree comes with your choice of soup or salad AND one dessert. In addition, kid entrees are now complimentary with a purchase of one regular entree.
- Please note, when ordering on this system you must purchase at least one entrée for your order to be accepted in the system

Water Witch Coffee | 67 Waterwitch Av, Highlands | (732) 204-2694

- www.waterwitchcoffee.com
- Local and family owned café currently providing produce and prepared meals for sale
- Open 7am 5pm everyday

<u>Important:</u> NJ SNAP recipients will be able to use their benefits card to order groceries from Amazon starting on May 27.

Walmarts, ShopRites and The Fresh Grocers that that provide online shopping will also accept online ordering with SNAP benefits starting on May 28.

- Recipients will be able to use their Families First Electronic Benefits Transfer card to purchase eligible groceries from the participating retailers.
- Under federal rules, SNAP benefits cannot be used to pay for delivery fees.
 - For Amazon, recipients can visit <u>Amazon.com/SNAP</u> to register their EBT card.
 - For Walmart, recipients can visit <u>https://www.walmart.com/ideas/discover-grocery-pickup-delivery/walmart-grocery-pickup-accepts-snap-ebt-payments/355540</u> to learn about Walmart's SNAP online program.
 - For ShopRite, recipients can visit <u>https://shop.shoprite.com/globaldata/banner-pages/shoprite-from-home</u>
 - For The Fresh Grocers, recipients can visit <u>https://shop.thefreshgrocer.com/</u>
- Any Walmart, ShopRite or The Fresh Grocers that currently provides online shopping will also accept online ordering with SNAP benefits.\
- "For those New Jersey families who may have difficulty getting to the grocery store and that may be for a variety of different reasons -- using SNAP benefits online can make the basics of feeding yourself or your family a little less complicated," said Human Services Assistant Commissioner Natasha Johnson, who directs the Division of Family Development that oversees NJ SNAP. "We continue to urge residents to visit <u>njhelps.org</u> to learn more and apply for food assistance and other benefits."



Walmart

- Grocery delivery orders taken between 11am-7pm
- Place orders online or by using Walmart app choose pick up or delivery
- First hour of store opening is for elderly and "at risk" shoppers

Target

- Orders placed online only
- First hour of store opening is for elderly and "at risk" shoppers

ShopRite

- Delivery orders placed online only
- Must sign up using ShopRite card number
- First hour of store opening is for elderly and "at risk" shoppers

Foodtown

- Curbside pickup orders placed online only
- Store has a designated elderly or "at risk" checkout lane

Stop and Shop

- Delivery and pick up orders operated by Pea Pod
- Stores designated hours for elderly and "at risk" shoppers 6-7:30am

Lidle Market

- Delivery available with a membership at Shipt.com.
- Membership fee is now \$49.00, regularly priced at \$99.00
- Designated shopping hours for "at risk" shoppers 7-8am

Aldi Grocery Stores

- Tuesday and Thursdays 8:30-9:30am reserved for elderly and "at risk" shoppers.
- Delivery operated by Instacart.com

Dearborn Market

- Regular delivery of gift baskets (including dry food)
- No grocery delivery or pickup service

Dean's Market

- Order online at shrewsburyorders@deansnaturalfoodmarket.com
- Tues / Thurs 9-10am reserved for elderly and "at risk" shoppers.
- Delivery service operated by Instacart.com
- Curbside pickup orders accepted until 4:30pm daily

Delicious Orchards

- Mail order department operating as scheduled
- No perishable items shipped
- Regular store hours 9:30am-6pm (closed Mondays)
- Drive through grocery pickup service 10am-3pm
- Video details available at www.deliciousorchardsnj.com



Wegmans

- Designated hours for "at risk" shoppers 7-8AM
- Delivery Service operated by Intacart.com

Whole Foods

- Delivery available through Amazon Prime
- Sign onto prime account and click Whole Foods
- First hour of store opening is for elderly and "at risk" shoppers
- Only 60 guests allowed in the store at the same time.

Eat Clean Bro |260 South St, Freehold | (866) 258-1890

www.eatcleanbro.com

- View menu online and choose from selection of over 50 meals
- Free delivery within 15 miles of local kitchens.
- Any delivery over 15 miles will charge a \$10.00 fee
- Delivery and pickup schedule available online

Two River Dairy LLC | 517 S 7th Av, Long Branch | (732) 973- 4818 www.tworiverdairy.deliverybizpro.com

- o Sign up for service and choose your product online
- Delivered to your door.
- Details available on website

Wild Alaskan Company | www.wildalaskancompany.com

- Wild Alaskan Company is a Delivery Service that connects you to quality
- seafood. Sign up for a monthly seafood membership on their website.

Wildzora will stock your pantry | www.wildzor.com

- o Wildzora offers freeze dried real food meals and snacks.
- o Backordered products shipping in 4-8 weeks until further notice

Thrive Market | www.thrivemarket.com

- Your favorite organic & non-GMO brands up to 50% off delivered to your door.
- Every paid membership sponsors a free one for a low income family.
- \circ 100% recyclable packaging and zero-waste warehouses
- One year membership is \$5.00 per month billed yearly

Freshii | 838 State Route 35 Middletown 07748 | www.orderfreshii.com

• Offering curbside pickup

Monmouth Meats | Monmouth Street, Red Bank | <u>www.monmouthmeats.com</u>

- o Call in order at (732) 741-5292
- Offering curbside pickup
- Menu available online

Belford Seafood Co Op | 901 Port Monmouth Rd, Belford | (732) 787-6508

- o Call in order at (732)787-6508
- Curbside pickup only

Absurd Organics | www.absurdorganics.com

Absurd organics usually does not do "grocery" delivery but during COVID19, we've paused to assist in stopping the spread with a Market/Supermarket hybrid grocery delivery service.



Misfits Market | www.misfitsmarket.com

- Ugly, imperfect produce.
- Always fresh, sometimes normal

Panera | www.panera.com

- Panera Grocery is an alternative to ordering in-demand food items.
- They offer groceries such as the following: Breads, bagels, milk, Greek yogurt, yogurt tubes, cream cheese, apples, avocados, blueberries, grapes, and tomatoes.
- Select the Panera Grocery option on the website.

Staples | <u>www.staples.com/freshgroceries</u>

- The office supply store is selling pounds of bananas, oranges and apples starting at \$9.49
- Bagels, cheese, yogurt, other dairy products, bacon, and guacamole also available

Balance by Bistro MD | www.mybalancemeals.com (844) 411-2252

- No minimums
- No memberships
- Prepared meals and snacks delivered to your door
- Dietary needs and allergies can be accommodated



Baby Formula / Infant Needs /Senior Nutrition Resources:

Bayshore Family Success Center | 945 NJ-36, Leonardo| (732) 497-3811

- <u>familysuccess@ymcanj.org</u>
- Located in the Henry Hudson Trail Activity Center
- Pop-up Baby Pantry (diapers, formula and wipes)
- The Pantry is open on the first Friday of every month
- Please call (732.497.3811) or email us (<u>familysuccess@ymcanj.org</u>) to register by 7pm on the Thursday before each pop up.
- Contactless pick up in their parking lot.
 - Next date: Friday, July 3rd
 - Hours: 10am-1pm
- For more information, visit: ymcanj.org/event/baby-pantry-contactless/?instance_id=2689

WIC / VNANJ 88 Main Street, Belford 07718 (732) 471-9301

http://www.vnahg.org/wic

- NJ Early Intervention System (NJEIS) is still be offered, which provides services & supports for families with children ages infant to 3 years, who have developmental delays or disabilities via Telehealth. Call the toll-free number, 888-653-4463 or contact Kristina Montague, Referral Unit Manager, via email: <u>kmontague@cjfhc.org</u> or Cynthia Newman, Regional Director, via email: <u>cnewman@cjfhc.org</u>.
- Pregnancy / Breastfeeding COVID-19 guidance available 202-232-5492
- Further information is available on their Facebook page
- NJ WIC is open for business and services are now available by phone. During the COVID19 pandemic, participants will continue to receive benefits. At this time, WIC is allowing additional food items. Call your local WIC office.

Similac -

Not providing for free at this time, however working on keeping inventory in stores. There is a samples / savings program parents can sign-up for: **https://similac.com/strongmoms** Currently still available for direct-ship, home-delivery. To order Similac, visit major retailers below:

- Walmart.com
- <u>Target.com</u>
- <u>Amazon.com</u>
- <u>Costco.com</u>
- <u>Sam's.com</u>
- <u>BJ's.com</u>

A Message from the makers of Similac:

The safety of our customers is at the forefront of everything that we do. While health and safety standards and procedures are followed daily at our manufacturing facilities, we want to make you aware of the extra precautions we are taking to ensure everyone stays healthy during this heightened concern about COVID19.

A Message from the makers of Enfamil:

We have added precautionary measures to every step of our formula making process. We will continue to implement advanced risk management strategies as the situation evolves in order to protect and serve our community. Join Enfamil Family Beginnings program to get baby formula coupons and other savings

Order online at Walmart, Target, or Amazon



A Message from the makers of Gerber:

We want to reassure families that we are here to navigate the COVID19 situation and ensure families can access our nutritional formulas, foods and beverages as the response to the pandemic evolves.

Families can find information about discounted products on our website www.gerber.com/coupons

IMPORTANT NOTICE REGARDING BABY FORMULA:

UNDER NO CIRCUMSTANCES should parents water down baby formula because the exact formulation is needed to give babies enough calories and adding water to formula can cause a dangerous drop in baby's sodium level. This could lead to serious complications such as seizures.

If you find yourself in an emergency where you need formula and are unable to access it through deliver, the American Academy of Pediatrics recommends the following:

Feeding America is a non-profit network of 200 food banks. Many provide free baby food and infant formula. Find your local food bank.

Dial 2-1-1 to be connected to a community resource specialist who can help you find local resources.

A Message from the makers of NUTRITIONAL DRINKS such as:

ENSURE, PEDIALYTE, BOOST, and GLUCERNA

- We will continue to provide exceptional support guidance and products during this time. These are the changes you can expect for the coming weeks:
- Delayed Deliveries
- For the next few weeks, we cannot guarantee 1-2 day delivery due to the increase in demand.
- Product Availability
- Some products have limited or no availability. Please note this is temporary and we will offer products again soon. Just call us at (855) 855-1666 or email
- <u>support@carewell.com</u>

Pet Nutrition Resources:

MCSPCA

- Staff available for pet tips as owners return to work.
- Visit Monmouth County SPCA



Farmer's Market (Open Air) in the Monmouth County Area:

Freehold

Downtown Freehold Farmers Market - Jersey Fresh | 1E Main Street Hall of Records, Freehold

- Every Friday July 3rd-October 2020
- Parking on streets and behind buildings
- For updates go to: <u>www.downtownfreehold.com</u> or their Facebook Page: <u>downtownfreehold.com</u>

*The Farmers have been working hard and excited to bring the best and healthiest fruit and vegetables to our market.

* They will be making arrangements to have social distancing when shopping.

Hauser Hill Farms Vegetables, Fruit, Eggs, Flowers, Plants, Etc. Selection Changes according to the growing season

732.591.1966 www.njfarmmarkets.org

Stillwell Farms Ornamental Plants, Fresh Produce, Cut Flowers, Etc. Selection Changes according to the growing season 1.609.324.7338 www.stillwellfarmsllc.com

<u>Long Branch</u>

- West End Farmer's Market | 607 Ocean Ave, Long Branch Av (West End Park) Thursdays, from June 18th - October 1st
- Hours: 9AM to 3PM
- The West End Farmers' Market will return on June 18th, 2020!
- Please check their Facebook page for updates
- Featuring fresh local produce and locally crafted food items such as Jersey Fresh organic locally grown produce, flowers, jams, baked goods, cheeses, salsas, soups and more.
- New seasonal items arrive each week!
- *PLEASE FOLLOW SOCIAL DISTANCING GUIDELINES!
 **MASKS SHOULD BE WORN <u>#LongBranch</u>



<u>Red Bank</u>

Red Bank Farmer's Market | 2 Bridge Avenue | (732 530-7300 On the corner of West Front St. and Bridge Ave in the Galleria Red Bank Parking Lot Every Sunday May 17th-November 22nd weather permitting

Walk up Market open as of June 14

- Market hours 9am-12pm
- Face masks required to be worn by customers and practice social distancing
- No sampling of products will be offered or permitted
- The Galleria will be closed, no restrooms will be available

Clients can pre- order from the farmers (see below)

We strongly encourage customers to pre-order. There will also be very limited "A la carte" products available.

To pre-order, please see below for the pre-ordering instructions for each vendor:

DR PICKLE – Download the app <u>Whatsgood</u> and sign up for free. Select the Red Bank Farmers market, Order you favorite pickles for pick up on Sundays, Cutoff for Sunday orders is the Thursday prior to 10am.

HONEY – Pre-order from their website – <u>www.fromthegardengiftshop.com</u> – please make sure you change the pickup location to Red Bank Market

GROSSMAN FARMS – Go to the website <u>www.alansflowerfarm.com</u> – you can also view them on Facebook and Instagram using alansflowerfarm

JEFF'S ORGANIC PRODUCE – Go to the website <u>www.jeffsorganicproduce.com</u> – other info can be found at @jeffsorganicproduce on Facebook and Instagram

HAUSER HILL FARM - Go to the website www.hauserhillfarms.net

STONY BROOK FARMS - Go to website www.stonybrookmeadows.com

SPRING HOUSE FARMS - Email vendor @ springhousefarmsredbank@gmail.com

<u>NOTE:</u> The Galleria Farmers Market offers fresh, locally-grown produce from NJ's finest farmers. Only food will be sold and COVID protocols will be observed until further notice Held in the heart of Red Bank's Arts & Antique District at the historic

Wall

Allaire Community Farm Market | 1923 Baileys Corner Road, Wall Township | 732-796-3298

- Mondays, CLOSED
- Tuesday Saturday: 11:00am 5:00pm
- Online orders may only be placed on Tuesdays and Fridays.
- Curbside Pickup is available Tuesdays and Fridays.
- Walk-ins are welcomed (a mask must be worn to enter the market)
- For updates, go to:
 - o https://allairecommunityfarm.org/shop/
 - Facebook: allairecomfarm
 - Twitter: @allairecomfarm



Fresh Markets

Is sponsoring 2020 Markets in Asbury Park, Bell Works & Jersey Shore Premium Outlets

- For updates: https://www.bellworksfresh.com/
- Jersey Shore Premium Outlets Outdoor Market
 - o 1 Premium Outlet Blvd, Tinton Falls
 - Saturdays, beginning 7/4/2020
 - Hours: 10am-3pm
 - Location: The center of the atrium by the Food Court
- Bell Works Fresh Outdoor Market
 - 101Crawfords Corner Rd, Holmdel
 - Saturdays, beginning 6/17/2020
 - Hours: 11am-2pm
 - Location: iCMS Parking Lot (East Parking Lot)
- Asbury Fresh
 - o 508 Cookman Av, Asbury Park
 - o Sundays
 - Hours: 11am-2pm
 - Location: At the corner of Cross & Orange

<u>NOTE:</u> ALL of the information listed on this document is updated to the best of our ability. Since there has been a possibility of some of the delivery companies (Instacart, Amazon, etc.) going on strike, we will continue to provide updates as often as we can.

Supply and staff / volunteer challenges may cause changes in resource services periodically. Please be advised that information for all of the listed resources can be changed at a moment's notice and we will continue to strive for the most accurate and up-to-date information as possible.